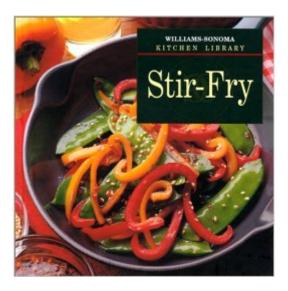
The book was found

Stir-Fry (Williams-Sonoma Kitchen Library)





Synopsis

Hardcover book by Williams-Sonoma Kitchen Library Stir-Fry.Each of the easy-to-make recipes are illustrated with a full-page full-color photograph that shows how the finished dish will look.

Book Information

Series: Williams-Sonoma Kitchen Library Hardcover: 108 pages Publisher: Time Life Education (September 1994) Language: English ISBN-10: 0783503008 ISBN-13: 978-0783503004 Product Dimensions: 0.8 x 9 x 8.8 inches Shipping Weight: 1.2 pounds Average Customer Review: 4.2 out of 5 stars Â See all reviews (9 customer reviews) Best Sellers Rank: #671,005 in Books (See Top 100 in Books) #67 in Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery #1130 in Books > Cookbooks, Food & Wine > Cooking Education & Reference > Reference #2052 in Books > Cookbooks, Food & Wine > Kitchen Appliances

Customer Reviews

Many people think that they can just chop up some veggies and meat, add soy sauce, and have a great meal...not true. This book gives you the details you need (such as, once you add the meat, stir every 20 seconds so it will brown properly) to create restaurant-quality stir-fry. And the All-Purpose Stir-Fry Sauce recipe in the beginning is really excellent, although I like to add cornstarch & extra water to mine to make a thicker sauce. I have not tried any of the non-Asian inspired dishes, and frankly think that they should not have been included, but all of the ones I have tried (Orange-Chili Beef, Beef Asparagus & Red Pepper, Minced Chicken in Lettuce Cups, Kung Pao Chicken--my husband's new favorite for dinner guests, Snapper with Tangarine-Chili sauce, Ants on a Hill, Quick Pot Stickers--a little tricky until you get used to the folding) have all been very good and have been made more than once.

I tried several recipes that looked delicious, but found them to have very little taste. They were easy to make and I will try more, but I wasn't impressed so far.

Great publication with all great tips and recipes. I would recommend to anyone who is wanting to eat healthier and live longer.

Nice book with some pictures to guide in cutting the stir fry. So far the recipes have been great.

Item as described with prompt delivery

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Stir-Fry (Williams-Sonoma Kitchen Library) Wok Cookery : How to Use Your Wok Every Day to Stir-fry, Deep-fry, Steam, and Braise Stir Fry Cooking: Over 40 Wheat Free, Heart Healthy, Quick & Easy, Low Cholesterol, Whole Foods Stur Fry Recipes, Antioxidants & Phytochemicals: ... & Easy-Low Cholesterol) (Volume 45) Stir Crazy! : More than 100 Quick, Low-Fat Recipes for Your Wok or Stir-Fry Pan Chuck Williams' Thanksgiving & Christmas (Williams-Sonoma Kitchen Library) 100 Quick Stir-Fry Recipes (My Kitchen Table) Pasta Sauces (Williams-Sonoma Kitchen Library) Thanksgiving: Festive Recipes for the Holiday Table (Williams Sonoma Kitchen Library) Essential Wok Cookbook: A Simple Chinese Cookbook for Stir-Fry, Dim Sum, and Other Restaurant Favorites How to Stir-Fry Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium: Bonus: Trader Joe's Ingredients Asian Style Recipes (Rice Rice ... - Healthy Eating On a Budget) The Everything Stir-Fry Cookbook (Everything Series) The Wok Bible: The Complete Book Of Stir-Fry Cooking The Wok Cookbook: Mouth-Watering Stir-Fry Recipes to Spoil Your Family! (Asian Recipes) Easy Stir-Fry Cookbook (The Effortless Chef Series) (Volume 18) Stir Fry Cookbook: Over 110 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Natural Weight Loss Transformation) (Volume 100) Weight Loss Stir-Frying: 48 Low Carb, Low Fat Recipes for Quick and Easy Wok and Cast Iron Cooking (Wok & Stir-Frying) Williams-Sonoma Kids in the Kitchen: Fun Food How to Read a French Fry: And Other Stories of Intriguing Kitchen Science The Cookbook for Kids (Williams-Sonoma): Great Recipes for Kids Who Love to Cook

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